## Create a Mask

4x4
Sewing Field
Mask Project
9" x 4.5"
11
Designs
970844



## **In-the-Hoop Face Mask Instructions**

Items you will need for this project:

Cut away backing (not self-adhesive).

- 1 11"x7" piece of material for the front
- 2 11" x 4" pieces of material for the back. Fold each piece of material in  $\frac{1}{4}$ " two times on one 11" side (Each fold is  $\frac{1}{4}$ " wide)and sew down. (You are creating the pocket seam.)

Optional: Wire or pipe cleaner for nose piece (cut according to size of mask) approximately 3 inches.

2 - Elastic strips cut 6" to 7" long or 4 - bias tapes sewn  $\frac{1}{4}$ " wide and 16" long. We all know that 1/8" elastic is hard to come by but that would work the best.

Embroidering the Mask

- Choose the design you wish to embroider on your mask.
- 2. Hoop 2 pieces of cut away (Pellon type but not self-adhesive or any kind of glue).



- 3. Tape the 11" x 7" piece of material for the front of the mask centered on the hooped stabilizer (Do not use adhesive spray).
- 4. Place in embroidery machine and run design chosen.
- 5. Before you remove the hoop, run the Outline for the Mask design (NFC0540). Use a light color thread so it will not show through material.
- 6. Take out of machine (not hoop) and lay the Bias tape or elastic so that the tape or elastic is lying to the inside of the design. Take the ends and tape one to the upper part and the other to the lower part of each corner of the mask outline. (There should be approx. 2" of space between the upper and lower ends).



Formats: art, dst, exp, hus, jef, ofm, pcs, pes, sew, vip, vp3, xxx

- 7. Tape the excess ties/elastic in the middle of the design down so they will not get caught in the embroidery machine.
- 8. Lay both 11"x4" back pieces of material front to front on top of the ties, overlapping the sewn edges approximately 1/4". This will allow the seams to match when you are all done. (If you do not use the last stitch, which is the zig zag stitch you do not have to do this. The zig zag allows some of the back material to show in the front of the mask. If you don't use the zig zag stitch then just butt the two ends together or lay on top of the turned edges.)





- 9. Place back into machine and continue stitching the mask design. (If you do not wish to use the zig zag stitch then skip the last color change.)
- 10. Take out of hoop. Remove the tape around outside edges. Turn inside out and take tape off of ties/elastic.
- 11. Poke the corners of the mask out and the mask is done!



## Optional:

- The cut away serves as a filter or you can add another layer for extra protection.
- You can sew in a wire/pipe cleaner in the top center between layers for the nose. Sew a stitch down and around it. (Don't forget to back stitch to secure it)
- When you fold in the seams of the two halves you can press as you go to make it easier to sew shut.
- To make the larger or smaller face masks and designs enlarge or condense the mask up to 20%.
  - 20% larger will make a face mask 10"x5"
  - 20% smaller will make a face mask 6 3/4" x 3 ½"
  - The design finished is 8 ½" x 4 ¼"